



0000

SAKRIß, Anja

000: 1:48:42

00: Berlin

00: 796

00: 32.69 km

Jedermann/Sprint (0,7/28/3,6 km)

00000/000: 203 (of 238)

00000/0: 51 (of 67)

000000: 1:21:00

0000:

Juniorinnen

00000: 1(of 2)

0000000: 1:48:42

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0000

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000	00 km	00 00	00 min/km	00 -	00 -	00 0	00 0	000	000 00	000 min/km	00 -	00 -	00 0	00 0
Schwimmen nett	0.70	16:34	23:40	1	-	47	6:46	0.70	16:34	23:40	1	-	47	6:46
Wechsel S -> R	0.26	4:35	17:37	2	1:00	50	2:36	0.96	21:09	22:01	2	0:12	54	9:18
Schwimmen 000	0.96	21:09	22:01	2	0:12	54	9:18	0.96	21:09	22:01	2	0:12	54	9:18
Rad netto	28.00	1:09:00	2:27	2	2:48	57	17:10	28.96	1:30:09	3:06	2	3:00	59	25:06
Wechsel R -> L	0.13	0:48	6:09	1	-	2	0:07	29.09	1:30:57	3:07	2	2:46	58	25:02
Radfahren 000	28.13	1:09:48	2:28	2	2:34	56	16:29	29.09	1:30:57	3:07	2	2:46	58	25:02
Lauf	3.60	17:45	4:55	1	-	34	4:04	32.69	1:48:42	3:19	1	-	51	27:42