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GIESCHE, Dominik

000: 2:02:37

00: WIBB

00: 783

00: 32.69 km

Jedermann/Sprint (0,7/28/3,6 km)

00000/000: 221 (of 238)

00000/0: 160 (of 171)

000000: 1:08:20

0000:

männliche Jugend A

00000: 8(of 8)

0000000: 1:08:20

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000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	0	0	km	00	min/km	-	-	0	0
Schwimmen nett	0.70	20:12	28:51	7	13:05	164	13:05	0.70	20:12	28:51	7	13:05	164	13:05
Wechsel S -> R	0.26	4:05	15:42	7	2:51	133	2:51	0.96	24:17	25:17	7	15:54	162	15:54
Schwimmen 000	0.96	24:17	25:17	7	15:54	162	15:54	0.96	24:17	25:17	7	15:54	162	15:54
Rad netto	28.00	1:15:03	2:40	8	28:43	161	1:14:12	28.96	1:39:20	3:25	8	43:02	161	1:22:54
Wechsel R -> L	0.13	0:48	6:09	5	0:04	16	0:12	29.09	1:40:08	3:26	8	43:02	164	43:02
Radfahren 000	28.13	1:15:51	2:41	8	28:41	164	30:21	29.09	1:40:08	3:26	8	43:02	164	43:02
Lauf	3.60	22:29	6:14	8	11:15	160	11:15	32.69	2:02:37	3:45	8	54:17	161	54:17