



0000

KAUDELKA, Thilo

000: 2:32:30

00: Teamwork Berlin

00: 280

00: 51.89 km

Olympisch (1,5/40/10 km)

00000/000: 54 (of 233)

00000/0: 53 (of 179)

000000: 2:04:10

0000:

SEN3 / TM 50

00000: 6(of 22)

0000000: 2:27:52

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000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	0	0	km	00	min/km	-	-	0	0
Schwimmen nett	1.50	30:01	20:00	6	3:42	58	9:25	1.50	30:01	20:00	6	3:42	58	9:25
Wechsel S -> R	0.26	2:14	8:35	4	0:22	27	0:49	1.76	32:15	18:19	6	4:01	53	9:26
Schwimmen 000	1.76	32:15	18:19	6	4:01	53	9:26	1.76	32:15	18:19	6	4:01	53	9:26
Rad netto	40.00	1:06:52	1:40	3	1:39	16	5:39	41.76	1:39:07	2:22	2	1:46	23	12:30
Wechsel R -> L	0.13	1:32	11:47	8	0:34	85	0:49	41.89	1:40:39	2:24	2	2:03	26	13:19
Radfahren 000	40.13	1:08:24	1:42	3	1:56	16	6:28	41.89	1:40:39	2:24	2	2:03	26	13:19
Lauf	10.00	51:51	5:11	13	10:23	107	15:19	51.89	2:32:30	2:56	6	4:38	53	28:20