



0000

WOLFF, Matthias

000: 2:36:28

00: Berlin

00: 400

00: 51.89 km

Olympisch (1,5/40/10 km)

00000/000: 72 (of 233)

00000/0: 70 (of 179)

000000: 2:04:10

0000:

00000: 14(of 39)

SEN2 / TM 45

0000000: 2:19:54

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000	00 km	00 00	00 min/km	00 -	00 -	00 0	00 0	000	000 km	000 00	000 min/km	00 -	00 -	00 0	00 0
Schwimmen nett	1.50	22:35	15:03	1	-	4	1:59	1.50	22:35	15:03	1	-	4	1:59	
Wechsel S -> R	0.26	2:53	11:05	10	0:58	66	1:28	1.76	25:28	14:28	1	-	7	2:39	
Schwimmen 000	1.76	25:28	14:28	1	-	7	2:39	1.76	25:28	14:28	1	-	7	2:39	
Rad netto	40.00	1:13:10	1:49	20	9:49	75	11:57	41.76	1:38:38	2:21	3	7:39	20	12:01	
Wechsel R -> L	0.13	2:02	15:38	25	1:08	132	1:19	41.89	1:40:40	2:24	4	8:32	28	13:20	
Radfahren 000	40.13	1:15:12	1:52	22	10:42	84	13:16	41.89	1:40:40	2:24	4	8:32	28	13:20	
Lauf	10.00	55:48	5:34	33	14:16	141	19:16	51.89	2:36:28	3:00	14	16:34	70	32:18	