



0000

GUIOLLOT, Raphaël

000: 2:37:23

00: Berlin

00: 486

00: 51.89 km

Olympisch (1,5/40/10 km)

00000/000: 74 (of 233)

00000/0: 72 (of 179)

000000: 2:04:10

0000:

AK2 / TM 25

00000: 8(of 16)

0000000: 2:15:07

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000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	0	0	km	00	min/km	-	-	0	0
Schwimmen nett	1.50	36:55	24:36	15	12:25	150	16:19	1.50	36:55	24:36	15	12:25	150	16:19
Wechsel S -> R	0.26	2:04	7:56	4	0:27	16	0:39	1.76	38:59	22:08	13	11:36	130	16:10
Schwimmen 000	1.76	38:59	22:08	13	11:36	130	16:10	1.76	38:59	22:08	13	11:36	130	16:10
Rad netto	40.00	1:15:11	1:52	9	12:34	103	13:58	41.76	1:54:10	2:44	10	23:24	112	27:33
Wechsel R -> L	0.13	1:27	11:09	7	0:40	73	0:44	41.89	1:55:37	2:45	10	24:04	109	28:17
Radfahren 000	40.13	1:16:38	1:54	8	13:14	99	14:42	41.89	1:55:37	2:45	10	24:04	109	28:17
Lauf	10.00	41:46	4:10	4	2:53	14	5:14	51.89	2:37:23	3:01	8	22:16	72	33:13