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DÖRING-STROHSCHKEER, Robert

000: 2:37:38

00: Berlin

00: 320

00: 51.89 km

Olympisch (1,5/40/10 km)

00000/000: 75 (of 233)

00000/0: 73 (of 179)

000000: 2:04:10

0000:

00000: 11(of 27)

SEN1 / TM 40

0000000: 2:23:25

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0000

000

000	00 km	00 00	00 min/km	00 -	00 -	00 0	00 0	000	000 km	000 00	000 min/km	00 -	00 -	00 0	00 0
Schwimmen nett	1.50	32:12	21:28	15	4:42	90	11:36	1.50	32:12	21:28	15	4:42	90	11:36	
Wechsel S -> R	0.26	2:55	11:13	14	1:02	69	1:30	1.76	35:07	19:57	16	4:54	85	12:18	
Schwimmen 000	1.76	35:07	19:57	16	4:54	85	12:18	1.76	35:07	19:57	16	4:54	85	12:18	
Rad netto	40.00	1:11:32	1:47	8	6:24	57	10:19	41.76	1:46:39	2:33	12	9:51	69	20:02	
Wechsel R -> L	0.13	1:51	14:13	20	0:57	119	1:08	41.89	1:48:30	2:35	12	10:25	72	21:10	
Radfahren 000	40.13	1:13:23	1:49	9	7:13	59	11:27	41.89	1:48:30	2:35	12	10:25	72	21:10	
Lauf	10.00	49:08	4:54	11	7:37	78	12:36	51.89	2:37:38	3:02	11	14:13	73	33:28	