



# Gaujas senlejas STIRNU BUKS

Ligatne / 23.09.2017

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Seņko, Igors

□□: Liepājas Vieglatlētikas klubs

□□: 16081

□□: 29.00 km

Lusis

□□□□:

VL2

□□□: 4:43:22

□□: 6.14 km/h

□□□□□/□□□: 218 (of 224)

□□□□□/□: 171 (of 174)

□□□□□□: 1:51:10

□□□□□: 93(of 95)

□□□□□□□: 1:51:10

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□□□	□□ km	□□ □□	□□ km/h	□□ -	□□ -	□□ □	□□ □	□□□	□□□	□□□	□□ -	□□ -	□□ □	□□ □
101	-	40:04	-	80	16:37	146	16:37	-	40:04	-	80	16:37	146	16:37
102	-	42:18	-	93	19:25	165	19:25	-	1:22:22	-	86	36:02	156	36:02
103	-	54:21	-	94	28:07	169	28:07	-	2:16:43	-	93	1:04:09	165	1:04:09
104	-	28:07	-	88	13:08	158	13:08	-	2:44:50	-	92	1:17:17	164	1:17:17
105	-	47:57	-	89	24:57	161	24:57	-	3:32:47	-	88	1:42:14	156	1:42:14
Sprint Start	-	58:44	-	95	52:44	173	52:44	-	4:31:31	-	93	2:49:47	171	2:49:47
Sprint Finish	-	2:47	-	30	1:26	42	1:26	-	4:34:18	-	93	2:49:26	171	2:49:26
Finish	-	9:04	-	83	3:45	145	3:45	29.00	4:43:22	-	93	2:52:12	171	2:52:12