



# Gaujas senlejas STIRNU BUKS

Ligatne / 23.09.2017

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Smilga, Ilze

□□: DOMDARIS

□□: 6071

□□: 29.00 km

Lusis

□□□□:

SL3

□□□: 3:54:18

□□: 7.43 km/h

□□□□□/□□□: 167 (of 224)

□□□□□/□: 25 (of 50)

□□□□□□: 2:50:01

□□□□□: 6(of 12)

□□□□□□□: 3:18:17

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□□□	□□ km	□□ □□	□□ km/h	□□ -	□□ -	□□ □	□□ □	□□□	□□□	□□□	□□ -	□□ -	□□ □	□□ □
101	-	35:45	-	5	3:14	15	7:48	-	35:45	-	5	3:14	15	7:48
102	-	37:15	-	6	4:09	24	8:57	-	1:13:00	-	6	7:23	20	15:55
103	-	41:27	-	6	3:52	22	9:33	-	1:54:27	-	6	11:15	20	25:28
104	-	25:40	-	6	4:22	26	7:49	-	2:20:07	-	6	15:37	23	33:17
105	-	40:58	-	7	8:06	29	11:55	-	3:01:05	-	6	23:29	23	44:22
Sprint Start	-	40:05	-	7	10:17	36	15:24	-	3:41:10	-	6	32:41	24	58:58
Sprint Finish	-	4:23	-	11	1:41	43	1:54	-	3:45:33	-	6	34:22	25	1:00:52
Finish	-	8:45	-	8	1:45	35	3:25	29.00	3:54:18	-	6	36:01	25	1:04:17