



Gaujas senlejas STIRNU BUKS

Ligatne / 23.09.2017

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Kolužs, Jānis

□□: VSK Noskrien

□□: 6152

□□: 29.00 km

Lusis

□□□□:

VL2

□□□: 3:44:12

□□: 7.76 km/h

□□□□□/□□□: 146 (of 224)

□□□□□/□: 126 (of 174)

□□□□□□: 1:51:10

□□□□□: 71(of 95)

□□□□□□□: 1:51:10

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□□□	□□ km	□□ □□	□□ km/h	□□ -	□□ -	□□ □	□□ □	□□□	□□□	□□□	□□ -	□□ -	□□ □	□□ □
101	-	39:24	-	79	15:57	141	15:57	-	39:24	-	79	15:57	141	15:57
102	-	37:11	-	75	14:18	134	14:18	-	1:16:35	-	77	30:15	138	30:15
103	-	42:05	-	76	15:51	133	15:51	-	1:58:40	-	77	46:06	137	46:06
104	-	22:11	-	63	7:12	106	7:12	-	2:20:51	-	75	53:18	133	53:18
105	-	35:42	-	55	12:42	97	12:42	-	2:56:33	-	68	1:06:00	120	1:06:00
Sprint Start	-	36:04	-	70	30:04	129	30:04	-	3:32:37	-	71	1:50:53	125	1:50:53
Sprint Finish	-	2:50	-	31	1:29	43	1:29	-	3:35:27	-	71	1:50:35	125	1:50:35
Finish	-	8:45	-	77	3:26	132	3:26	29.00	3:44:12	-	71	1:53:02	126	1:53:02