



# Gaujas senlejas STIRNU BUKS

Ligatne / 23.09.2017

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Deičmanis, Ivo

□□□: 3:11:18

□□: Siguldas Maratona klubs/ Isostar

□□: 9.10 km/h

□□: 6161

□□: 29.00 km

□□□□□/□□□: 69 (of 224)

Lusis

□□□□□/□: 66 (of 174)

□□□□□□: 1:51:10

□□□□:

□□□□□: 41(of 95)

VL2

□□□□□□□: 1:51:10

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□□□	□□ km	□□ □□	□□ km/h	□□ -	□□ -	□□ □	□□ □	□□□	□□□	□□□	□□ -	□□ -	□□ □	□□ □
101	-	30:38	-	32	7:11	48	7:11	-	30:38	-	32	7:11	48	7:11
102	-	30:01	-	36	7:08	53	7:08	-	1:00:39	-	33	14:19	49	14:19
103	-	33:48	-	30	7:34	43	7:34	-	1:34:27	-	34	21:53	50	21:53
104	-	19:00	-	30	4:01	45	4:01	-	1:53:27	-	32	25:54	48	25:54
105	-	35:44	-	56	12:44	99	12:44	-	2:29:11	-	36	38:38	54	38:38
Sprint Start	-	30:23	-	42	24:23	70	24:23	-	2:59:34	-	40	1:17:50	65	1:17:50
Sprint Finish	-	3:26	-	54	2:05	95	2:05	-	3:03:00	-	40	1:18:08	65	1:18:08
Finish	-	8:18	-	68	2:59	116	2:59	29.00	3:11:18	-	41	1:20:08	66	1:20:08