



# Gaujas senlejas STIRNU BUKS

Ligatne / 23.09.2017

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## Āboltiņš, Ilgvars

□□: Maratona Klubs

□□: 6142

□□: 29.00 km

Lusis

□□□□:

VL4

□□□: 3:36:29

□□: 8.04 km/h

□□□□□/□□□: 136 (of 224)

□□□□□/□: 118 (of 174)

□□□□□□: 1:51:10

□□□□□: 9(of 13)

□□□□□□□: 2:48:59

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□□□	□□ km	□□ □□	□□ km/h	□□ -	□□ -	□□ □	□□ □	□□□	□□□	□□□	□□ -	□□ -	□□ □	□□ □
101	-	34:32	-	9	6:34	99	11:05	-	34:32	-	9	6:34	99	11:05
102	-	34:09	-	8	5:26	111	11:16	-	1:08:41	-	9	11:59	107	22:21
103	-	40:00	-	9	7:49	116	13:46	-	1:48:41	-	9	19:48	110	36:07
104	-	22:32	-	9	4:18	113	7:33	-	2:11:13	-	9	24:06	112	43:40
105	-	37:49	-	9	11:04	108	14:49	-	2:49:02	-	9	33:57	111	58:29
Sprint Start	-	35:26	-	9	10:45	124	29:26	-	3:24:28	-	9	44:42	119	1:42:44
Sprint Finish	-	3:33	-	8	0:34	109	2:12	-	3:28:01	-	9	45:08	119	1:43:09
Finish	-	8:28	-	6	2:22	123	3:09	29.00	3:36:29	-	9	47:30	118	1:45:19