



Gaujas senlejas STIRNU BUKS

Ligatne / 23.09.2017

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Bidiņš, Gunārs

□□: CrossFit Rīdzene

□□: 3663

□□: 13.00 km

Zakis

□□□□:

VZ3

□□□: 1:07:52

□□: 11.49 km/h

□□□□□/□□□: 11 (of 894)

□□□□□/□: 11 (of 476)

□□□□□□: 52:41

□□□□□: 9(of 404)

□□□□□□□: 52:41

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□□□	□□ km	□□ □□	□□ km/h	□□ -	□□ -	□□ □	□□ □	□□□ km	□□□ □□	□□□ km/h	□□ -	□□ -	□□ □	□□ □
101	-	28:51	-	37	19:30	47	19:30	-	28:51	-	37	19:30	47	19:30
104	-	31:47	-	25	6:03	34	6:03	-	1:00:38	-	35	15:45	45	15:45
Sprint Start	-	fehlt!	-	-	-	-	-	-	-	-	-	-	-	-
Sprint Finish	-	fehlt!	-	-	-	-	-	-	-	-	-	-	-	-
Finish	-	7:14	-	149	2:10	180	2:10	13.00	1:07:52	-	9	15:11	11	15:11