



Gaujas senlejas STIRNU BUKS

Ligatne / 23.09.2017

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Niedre, Iveta

□□□: 4:22:12

□□: MARATONA KLUBS / LSC / VSK Nokrien

□□: 6.64 km/h

□□: 6065

□□: 29.00 km

□□□□□/□□□: 201 (of 224)

Lusis

□□□□□/□: 41 (of 50)

□□□□:

□□□□□□: 2:50:01

SL3

□□□□□: 10(of 12)

□□□□□□□: 3:18:17

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□□□	□□ km	□□ □□	□□ km/h	□□ -	□□ -	□□ □	□□ □	□□□	□□□	□□□	□□ -	□□ -	□□ □	□□ □
101	-	40:04	-	9	7:33	31	12:07	-	40:04	-	9	7:33	31	12:07
102	-	42:05	-	10	8:59	40	13:47	-	1:22:09	-	9	16:32	37	25:04
103	-	48:41	-	10	11:06	41	16:47	-	2:10:50	-	10	27:38	40	41:51
104	-	26:42	-	9	5:24	34	8:51	-	2:37:32	-	10	33:02	40	50:42
105	-	50:48	-	11	17:56	49	21:45	-	3:28:20	-	10	50:44	41	1:11:37
Sprint Start	-	41:28	-	9	11:40	41	16:47	-	4:09:48	-	10	1:01:19	40	1:27:36
Sprint Finish	-	4:03	-	8	1:21	34	1:34	-	4:13:51	-	10	1:02:40	42	1:29:10
Finish	-	8:21	-	7	1:21	33	3:01	29.00	4:22:12	-	10	1:03:55	41	1:32:11