



# Gaujas senlejas STIRNU BUKS

Ligatne / 23.09.2017

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Fogels, Mārcis

□□: SK Sigulda

□□: 5193

□□: 21.00 km

Stirnu buks

□□□□:

VB2

□□□: 3:16:16

□□: 6.42 km/h

□□□□□/□□□: 416 (of 488)

□□□□□/□: 287 (of 308)

□□□□□□: 1:38:50

□□□□□: 178(of 187)

□□□□□□□: 1:40:26

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□□□	□□ km	□□ □□	□□ km/h	□□ -	□□ -	□□ □	□□ □	□□□	□□□	□□□	□□ -	□□ -	□□ □	□□ □
101	-	42:54	-	174	19:24	279	19:25	-	42:54	-	174	19:24	279	19:25
102	-	42:33	-	176	19:26	285	19:26	-	1:25:27	-	176	38:48	284	38:48
103	-	49:46	-	172	23:52	276	24:18	-	2:15:13	-	175	1:02:40	283	1:03:06
104	-	31:54	-	169	17:19	277	17:22	-	2:47:07	-	176	1:19:46	283	1:20:28
Sprint Start	-	12:48	-	177	7:33	286	7:41	-	2:59:55	-	176	1:27:19	283	1:28:09
Sprint Finish	-	4:23	-	139	2:40	234	2:44	-	3:04:18	-	176	1:29:10	283	1:30:53
Finish	-	11:58	-	177	6:48	286	6:48	21.00	3:16:16	-	178	1:35:50	287	1:37:26