



Gaujas senlejas STIRNU BUKS

Ligatne / 23.09.2017

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Rocēns, Juris

□□: VSK Noskrien

□□: 5166

□□: 21.00 km

Stirnu buks

□□□□:

VB3

□□□: 3:14:57

□□: 6.46 km/h

□□□□□/□□□: 410 (of 488)

□□□□□/□: 283 (of 308)

□□□□□□: 1:38:50

□□□□□: 70(of 77)

□□□□□□□: 1:41:47

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□□□	□□ km	□□ □□	□□ km/h	□□ -	□□ -	□□ □	□□ □	□□□	□□□	□□□	□□ -	□□ -	□□ □	□□ □
101	-	41:55	-	64	17:39	264	18:26	-	41:55	-	64	17:39	264	18:26
102	-	40:10	-	64	15:35	257	17:03	-	1:22:05	-	64	33:14	261	35:26
103	-	50:19	-	69	21:36	279	24:51	-	2:12:24	-	69	54:50	277	1:00:17
104	-	32:18	-	69	15:44	279	17:46	-	2:44:42	-	68	1:09:49	278	1:18:03
Sprint Start	-	12:13	-	69	5:46	279	7:06	-	2:56:55	-	68	1:15:12	278	1:25:09
Sprint Finish	-	4:34	-	66	2:30	247	2:55	-	3:01:29	-	68	1:16:37	280	1:28:04
Finish	-	13:28	-	74	7:37	300	8:18	21.00	3:14:57	-	70	1:33:10	283	1:36:07