



Gaujas senlejas STIRNU BUKS

Ligatne / 23.09.2017

□□□□

Promberga, Sniga

□□: CrossFit Rīdzene 1

□□: 3077

□□: 13.00 km

Zakis

□□□□:

SZ3

□□□: 1:44:34

□□: 7.46 km/h

□□□□□/□□□: 447 (of 894)

□□□□□/□: 107 (of 418)

□□□□□□: 1:10:13

□□□□□: 94(of 371)

□□□□□□□: 1:11:57

□□□□

□□□□

□□□

| □□□ | □□ km | □□ □□ | □□ km/h | □□ - | □□ - | □□ □ | □□ □ | □□□ | □□□ | □□□ | □□ - | □□ - | □□ □ | □□ □ |
|---------------|----------|----------|------------|---------|---------|---------|---------|-------|---------|-----|---------|---------|---------|---------|
| 101 | - | 41:02 | - | 114 | 14:14 | 129 | 14:42 | - | 41:02 | - | 114 | 14:14 | 129 | 14:42 |
| 104 | - | 43:04 | - | 89 | 12:09 | 101 | 13:15 | - | 1:24:06 | - | 95 | 26:10 | 108 | 27:57 |
| Sprint Start | - | 8:34 | - | 81 | 2:46 | 94 | 2:46 | - | 1:32:40 | - | 93 | 28:48 | 106 | 30:30 |
| Sprint Finish | - | 4:03 | - | 160 | 2:01 | 177 | 2:01 | - | 1:36:43 | - | 95 | 30:13 | 108 | 32:25 |
| Finish | - | 7:51 | - | 70 | 2:24 | 81 | 2:24 | 13.00 | 1:44:34 | - | 94 | 32:37 | 107 | 34:21 |