



# Gaujas senlejas STIRNU BUKS

Ligatne / 23.09.2017

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## Apfelbaums, Ilgonis

□□: Maratona klubs

□□: 5297

□□: 21.00 km

Stirnu buks

□□□□:

VB4

□□□: 2:41:18

□□: 7.81 km/h

□□□□□/□□□: 222 (of 488)

□□□□□/□: 184 (of 308)

□□□□□□: 1:38:50

□□□□□: 10(of 18)

□□□□□□□: 1:53:48

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□□□	□□ km	□□ □□	□□ km/h	□□ -	□□ -	□□ □	□□ □	□□□	□□□	□□□	□□ -	□□ -	□□ □	□□ □
101	-	34:55	-	10	9:03	146	11:26	-	34:55	-	10	9:03	146	11:26
102	-	38:51	-	12	12:31	241	15:44	-	1:13:46	-	12	21:34	200	27:07
103	-	41:02	-	9	11:19	181	15:34	-	1:54:48	-	11	32:53	193	42:41
104	-	25:09	-	11	8:08	194	10:37	-	2:19:57	-	11	41:01	192	53:18
Sprint Start	-	8:21	-	6	2:00	122	3:14	-	2:28:18	-	11	43:01	188	56:32
Sprint Finish	-	3:38	-	9	1:17	161	1:59	-	2:31:56	-	10	44:13	183	58:31
Finish	-	9:22	-	15	3:17	237	4:12	21.00	2:41:18	-	10	47:30	184	1:02:28