



Gaujas senlejas STIRNU BUKS

Ligatne / 23.09.2017

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Kopmanis, Jānis

□□□: 2:35:59

□□: LSC

□□: 8.08 km/h

□□: 5042

□□: 21.00 km

□□□□□/□□□: 193 (of 488)

Stirnu buks

□□□□□/□: 165 (of 308)

□□□□□□: 1:38:50

□□□□:

□□□□□: 9(of 18)

VB4

□□□□□□□: 1:53:48

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□□□	□□ km	□□ □□	□□ km/h	□□ -	□□ -	□□ □	□□ □	□□□	□□□	□□□	□□ -	□□ -	□□ □	□□ □
101	-	33:51	-	8	7:59	125	10:22	-	33:51	-	8	7:59	125	10:22
102	-	34:07	-	7	7:47	157	11:00	-	1:07:58	-	7	15:46	137	21:19
103	-	40:40	-	8	10:57	176	15:12	-	1:48:38	-	7	26:43	152	36:31
104	-	25:08	-	10	8:07	192	10:36	-	2:13:46	-	8	34:50	160	47:07
Sprint Start	-	9:49	-	12	3:28	213	4:42	-	2:23:35	-	9	38:18	167	51:49
Sprint Finish	-	3:27	-	5	1:06	136	1:48	-	2:27:02	-	9	39:19	165	53:37
Finish	-	8:57	-	10	2:52	209	3:47	21.00	2:35:59	-	9	42:11	165	57:09