



# Gaujas senlejas STIRNU BUKS

Ligatne / 23.09.2017

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## Tilts, Valdis

□□: Kocēnu novads

□□: 5076

□□: 21.00 km

Stirnu buks

□□□□:

VB4

□□□: 2:18:01

□□: 9.13 km/h

□□□□□/□□□: 91 (of 488)

□□□□□/□: 81 (of 308)

□□□□□□: 1:38:50

□□□□□: 4(of 18)

□□□□□□□: 1:53:48

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□□□	□□ km	□□ □□	□□ km/h	□□ -	□□ -	□□ □	□□ □	□□□	□□□	□□□	□□ -	□□ -	□□ □	□□ □
101	-	30:28	-	3	4:36	65	6:59	-	30:28	-	3	4:36	65	6:59
102	-	30:20	-	2	4:00	70	7:13	-	1:00:48	-	3	8:36	67	14:09
103	-	35:22	-	3	5:39	71	9:54	-	1:36:10	-	2	14:15	69	24:03
104	-	23:21	-	8	6:20	156	8:49	-	1:59:31	-	4	20:35	77	32:52
Sprint Start	-	9:17	-	10	2:56	181	4:10	-	2:08:48	-	4	23:31	83	37:02
Sprint Finish	-	2:21	-	1	-	20	0:42	-	2:11:09	-	4	23:26	80	37:44
Finish	-	6:52	-	4	0:47	68	1:42	21.00	2:18:01	-	4	24:13	81	39:11