



# Gaujas senlejas STIRNU BUKS

Ligatne / 23.09.2017

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## Vērdiņš, Jānis

□□: Workland/BPT

□□: 5440

□□: 21.00 km

Stirnu buks

□□□□:

VB2

□□□: 3:03:13

□□: 6.88 km/h

□□□□□/□□□: 360 (of 488)

□□□□□/□: 262 (of 308)

□□□□□□: 1:38:50

□□□□□: 162(of 187)

□□□□□□□: 1:40:26

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□□□	□□ km	□□ □□	□□ km/h	□□ -	□□ -	□□ □	□□ □	□□□	□□□	□□□	□□ -	□□ -	□□ □	□□ □
101	-	37:43	-	130	14:13	205	14:14	-	37:43	-	130	14:13	205	14:14
102	-	39:38	-	157	16:31	251	16:31	-	1:17:21	-	143	30:42	227	30:42
103	-	47:11	-	158	21:17	254	21:43	-	2:04:32	-	148	51:59	238	52:25
104	-	31:24	-	168	16:49	275	16:52	-	2:35:56	-	156	1:08:35	251	1:09:17
Sprint Start	-	11:10	-	160	5:55	256	6:03	-	2:47:06	-	157	1:14:30	254	1:15:20
Sprint Finish	-	5:09	-	169	3:26	277	3:30	-	2:52:15	-	158	1:17:07	256	1:18:50
Finish	-	10:58	-	169	5:48	274	5:48	21.00	3:03:13	-	162	1:22:47	262	1:24:23