



Gaujas senlejas STIRNU BUKS

Ligatne / 23.09.2017

□□□□

Abiļevs, Rūdolfs

□□: New Village Workout

□□: 3435

□□: 13.00 km

Zakis

□□□□:

VZ3

□□□: 1:44:10

□□: 7.49 km/h

□□□□□/□□□: 440 (of 894)

□□□□□/□: 338 (of 476)

□□□□□□: 52:41

□□□□□: 288(of 404)

□□□□□□□: 52:41

□□□□

□□□□

□□□

| □□□ | □□ km | □□ □□ | □□ km/h | □□ - | □□ - | □□ □ | □□ □ | □□□ | □□□ | □□□ | □□ - | □□ - | □□ □ | □□ □ |
|---------------|----------|----------|------------|---------|---------|---------|---------|-------|---------|-----|---------|---------|---------|---------|
| 101 | - | 39:48 | - | 271 | 30:27 | 315 | 30:27 | - | 39:48 | - | 271 | 30:27 | 315 | 30:27 |
| 104 | - | 42:42 | - | 278 | 16:58 | 327 | 16:58 | - | 1:22:30 | - | 281 | 37:37 | 328 | 37:37 |
| Sprint Start | - | 10:00 | - | 339 | 4:53 | 396 | 4:53 | - | 1:32:30 | - | 287 | 38:31 | 337 | 38:31 |
| Sprint Finish | - | 3:07 | - | 119 | 1:43 | 149 | 1:53 | - | 1:35:37 | - | 281 | 40:14 | 331 | 40:14 |
| Finish | - | 8:33 | - | 287 | 3:29 | 337 | 3:29 | 13.00 | 1:44:10 | - | 288 | 51:29 | 338 | 51:29 |