



Gaujas senlejas STIRNU BUKS

Ligatne / 23.09.2017

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Gailis, Jānis

□□: Maratons Asics

□□: 5133

□□: 21.00 km

Stirnu buks

□□□□:

VB3

□□□: 1:51:03

□□: 11.35 km/h

□□□□□/□□□: 18 (of 488)

□□□□□/□: 16 (of 308)

□□□□□□: 1:38:50

□□□□□: 2(of 77)

□□□□□□□: 1:41:47

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□□□	□□ km	□□ □□	□□ km/h	□□ -	□□ -	□□ □	□□ □	□□□ km	□□□ □□	□□□ km/h	□□ -	□□ -	□□ □	□□ □
101	-	24:16	-	1	-	8	0:47	-	24:16	-	1	-	8	0:47
102	-	24:35	-	1	-	9	1:28	-	48:51	-	1	-	8	2:12
103	-	28:43	-	1	-	11	3:15	-	1:17:34	-	1	-	9	5:27
104	-	17:19	-	3	0:45	24	2:47	-	1:34:53	-	1	-	10	8:14
Sprint Start	-	6:50	-	6	0:23	30	1:43	-	1:41:43	-	1	-	13	9:57
Sprint Finish	-	3:09	-	23	1:05	95	1:30	-	1:44:52	-	1	-	15	11:27
Finish	-	6:11	-	3	0:20	25	1:01	21.00	1:51:03	-	2	9:16	16	12:13