



10. ITH-Hennesee-Triathlon

Meschede / 24.06.2017

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KNAUP, Fabian

00: Triathlon Waldfeucht

00: 470

00: 55.50 km

Olympische Distanz (1,50-44,00-10,00)

0000:

AK3 männlich (30-34 Jahre)

000: 2:48:10

00: 19.62 km/h

0000: 3:02 min/km

00000/000: 25 (of 84)

00000/0: 23 (of 69)

000000: 2:18:58

00000: 4(of 7)

0000000: 2:27:51

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000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	0	0	km	00	min/km	-	-	0	0
Schwimmen	1.50	27:20	18:13	3	2:46	21	6:26	1.50	27:20	18:13	3	2:46	21	6:26
Rad	44.00	1:37:56	2:13	5	14:16	39	18:57	45.50	2:05:16	2:45	4	17:02	30	23:37
Lauf	10.00	42:54	4:17	2	3:17	9	5:35	55.50	2:48:10	3:01	4	20:19	23	29:12