



RAMME, Katharina

□□: Universität Paderborn

□□: 471

□□: 55.50 km

Olympische Distanz (1,50-44,00-10,00)

AK3 weiblich (30-34 Jahre)

□□□: 3:19:43

□□: 16.52 km/h

□□□□: 3:36 min/km

_____: 70 (of 84)

________: 12 (of 15)

□□□□□□: 2:36:33

□□□□: 1(of 1)

0000000: 3:19:43

	km		min/km	-	-			km		min/km	-	-		
Schwimmen	1.50	33:17	22:11	1	-	13	6:32	1.50	33:17	22:11	1	-	13	6:32
Rad	44.00	1:46:02	2:24	1	-	11	17:45	45.50	2:19:19	3:03	1	-	12	23:37
Lauf	10.00	1:00:24	6:02	1	-	12	19:33	55.50	3:19:43	3:35	1	-	12	43:10

Timing by SPORTident

timing.sportident.com