



Hessische Meisterschaft Orientierungslauf Klassik

Eppstein (Taunus) / 28.10.2017

□□□□

Knobloch, Katharina

□□: OLV Steinberg

□□□: 1:36:22

□□□□: 18:58 min/km

□□: 5.08 km / 11 □□

□□□□:

D45 (Damen ab 45)

□□□□□: 3(of 10)

□□□□□□□: 1:13:15

□□: 45:10

□□□□

□□	□□ □□	□□ -	□□ -	□□ %	□□□ □□	□□ -	□□ -	□□ %
1 (49)	3:13	9	1:44	116.9	3:13	9	1:44	116.9
2 (37)	8:40	10	4:15	96.2	11:53	10	5:59	101.4
3 (35)	5:04	8	2:04	68.9	16:57	10	7:45	84.2
4 (38)	4:56	8	1:35	47.3	21:53	10	9:20	74.4
5 (40)	10:16	8	3:30	51.7	32:09	10	12:47	66.0
6 (44)	14:15	9	6:25	81.9	46:24	9	18:49	68.2
7 (50)	6:24	9	4:02	170.4	52:48	9	22:51	76.3
8 (46)	12:56	9	5:02	63.7	1:05:44	9	27:36	72.4
9 (45)	17:23	9	11:36	200.6	1:23:07	10	38:58	88.3
10 (32)	8:27	8	4:02	91.3	1:31:34	10	43:00	88.5
11 (100)	3:16	10	1:33	90.3	1:34:50	10	44:33	88.6
□□	1:32	9	0:37	67.3	1:36:22	10	45:10	88.2