



# Hessische Meisterschaft Orientierungslauf Klassik

Eppstein (Taunus) / 28.10.2017

□□□□

Wendt, Helga

□□: Ski-Club Helsa

□□□: 1:10:59

□□□□: 18:29 min/km

□□: 3.84 km / 10 □□

□□□□:

D55 (Damen ab 55)

□□□□□: 3(of 4)

□□□□□□□: 50:53

□□: 20:06

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□□	□□ □□	□□ -	□□ -	□□ %	□□□ □□	□□ -	□□ -	□□ %
1 (49)	3:06	2	0:50	36.8	3:06	2	0:50	36.8
2 (37)	8:36	3	1:50	27.1	11:42	3	2:40	29.5
3 (36)	7:11	2	1:32	27.1	18:53	2	4:12	28.6
4 (38)	12:06	3	5:12	75.4	30:59	3	9:07	41.7
5 (46)	9:00	3	1:33	20.8	39:59	3	10:40	36.4
6 (45)	12:15	3	4:20	54.7	52:14	3	15:00	40.3
7 (48)	2:46	3	0:22	15.3	55:00	3	15:16	38.4
8 (32)	5:54	3	1:10	24.7	1:00:54	3	16:26	37.0
9 (47)	5:47	3	3:18	132.9	1:06:41	3	19:44	42.0
10 (100)	3:01	3	0:28	18.3	1:09:42	3	20:07	40.6
□□	1:17	1	-	-	1:10:59	3	20:06	39.5