



Hessische Meisterschaft Orientierungslauf Klassik

Eppstein (Taunus) / 28.10.2017

□□□□

von Uckro, Friedrich

□□: OSC Kassel

□□□: 1:06:45

□□□□: 8:18 min/km

□□: 8.03 km / 17 □□

□□□□:

H19E (Herren ab 19)

□□□□□: 7(of 10)

□□□□□□□: 55:23

□□: 11:22

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□□	□□ □□	□□ -	□□ -	□□ %	□□□ □□	□□ -	□□ -	□□ %
1 (34)	1:12	6	0:18	33.3	1:12	6	0:18	33.3
2 (35)	3:43	5	0:16	7.7	4:55	5	0:34	13.0
3 (36)	1:19	3	0:01	1.3	6:14	4	0:35	10.3
4 (37)	2:18	6	0:23	20.0	8:32	5	0:47	10.1
5 (38)	4:40	3	0:16	6.1	13:12	4	0:59	8.1
6 (45)	3:40	6	0:25	12.8	16:52	5	1:16	8.1
7 (31)	11:36	8	2:56	33.9	28:28	6	4:12	17.3
8 (44)	2:46	7	0:21	14.5	31:14	7	4:33	17.1
9 (46)	6:31	9	1:43	35.8	37:45	7	5:53	18.5
10 (48)	5:51	9	1:45	42.7	43:36	7	7:36	21.1
11 (45)	2:20	9	0:54	62.8	45:56	7	8:26	22.5
12 (39)	4:10	8	0:46	22.6	50:06	7	8:51	21.5
13 (51)	6:14	8	1:27	30.3	56:20	8	9:58	21.5
14 (50)	1:18	8	0:37	90.2	57:38	8	10:35	22.5
15 (32)	5:47	8	1:21	30.5	1:03:25	8	11:22	21.8
16 (47)	1:03	4	0:13	26.0	1:04:28	8	11:35	21.9
17 (100)	1:29	4	0:14	18.7	1:05:57	8	11:18	20.7
□□	0:48	8	0:14	41.2	1:06:45	8	11:22	20.5