



# Hessische Meisterschaft Orientierungslauf Klassik

Eppstein (Taunus) / 28.10.2017

□□□□

**Neumann, Ingo**

□□: TG Traisa

□□□: 56:04

□□□□: 9:29 min/km

□□: 5.91 km / 12 □□

□□□□:

H45 (Herren ab 45)

□□□□□: 2(of 12)

□□□□□□□: 55:30

□□: 0:34

□□□□

□□	□□ □□	□□ -	□□ -	□□ %	□□□ □□	□□ -	□□ -	□□ %
1 (34)	1:39	6	0:23	30.3	1:39	6	0:23	30.3
2 (35)	4:50	5	0:22	8.2	6:29	5	0:45	13.1
3 (36)	1:44	4	0:20	23.8	8:13	4	1:05	15.2
4 (37)	3:00	4	0:40	28.6	11:13	4	1:22	13.9
5 (38)	6:55	6	1:00	16.9	18:08	3	0:55	5.3
6 (39)	4:44	3	0:17	6.4	22:52	3	1:12	5.5
7 (45)	5:50	10	2:24	69.9	28:42	7	2:53	11.2
8 (44)	9:28	1	-	-	38:10	2	0:40	1.8
9 (50)	1:56	3	0:11	10.5	40:06	2	0:38	1.6
10 (46)	7:09	1	-	-	47:15	2	0:10	0.4
11 (48)	5:30	2	0:09	2.8	52:45	2	0:03	0.1
12 (100)	2:30	10	0:46	44.2	55:15	2	0:36	1.1
□□	0:49	4	0:11	29.0	56:04	2	0:34	1.0