



Hessische Meisterschaft Orientierungslauf Klassik

Eppstein (Taunus) / 28.10.2017

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Bouwman, Jan

□□: OL Team Köln

□□: 5.91 km / 12 □□

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H45 (Herren ab 45)

□□□□□: AK(of 12)

□□□□□□□: 55:30

□□: 32:14

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	□□	-	-	%	□□	-	-	%
1 (34)	1:52	9	0:36	47.4	1:52	9	0:36	47.4
2 (35)	6:46	11	2:18	51.5	8:38	10	2:54	50.6
3 (36)	5:13	12	3:49	272.6	13:51	12	6:43	94.2
4 (37)	5:01	12	2:41	115.0	18:52	12	9:01	91.5
5 (38)	11:43	12	5:48	98.0	30:35	12	13:22	77.6
6 (39)	7:24	12	2:57	66.3	37:59	12	16:19	75.3
7 (45)	6:18	11	2:52	83.5	44:17	12	18:28	71.5
8 (44)	15:04	11	5:36	59.2	59:21	12	21:51	58.3
9 (50)	2:57	10	1:12	68.6	1:02:18	12	22:50	57.9
10 (46)	12:57	12	5:48	81.1	1:15:15	12	28:10	59.8
11 (48)	8:28	11	3:07	58.3	1:23:43	12	31:01	58.9
12 (100)	2:52	12	1:08	65.4	1:26:35	12	31:56	58.4
□□	1:09	12	0:31	81.6	1:27:44	12	32:14	58.1