



Hessische Meisterschaft Orientierungslauf Klassik

Eppstein (Taunus) / 28.10.2017

□□□□

Kukis, Michael

□□: OSC Kassel

□□□: 45:09

□□□□: 8:53 min/km

□□: 5.08 km / 11 □□

□□□□:

H55 (Herren ab 55)

□□□□□: 1(of 11)

□□□□□□: 45:09

□□: 0:47

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□□	□□ □□	□□ -	□□ -	□□ %	□□□ □□	□□ -	□□ -	□□ %
1 (49)	1:50	4	0:13	13.4	1:50	4	0:13	13.4
2 (37)	4:39	4	0:44	18.7	6:29	4	0:55	16.5
3 (35)	2:52	2	0:08	4.9	9:21	3	0:52	10.2
4 (38)	2:45	1	-	-	12:06	3	0:26	3.7
5 (40)	5:42	2	0:05	1.5	17:48	2	0:31	3.0
6 (44)	6:31	1	-	-	24:19	2	0:21	1.5
7 (50)	1:57	2	0:14	13.6	26:16	2	0:35	2.3
8 (46)	8:51	6	2:36	41.6	35:07	2	2:25	7.4
9 (45)	4:22	2	0:15	6.1	39:29	2	1:32	4.0
10 (32)	3:36	2	0:11	5.4	43:05	3	1:06	2.6
11 (100)	1:17	1	-	-	44:22	2	1:00	2.3
□□	0:47	3	0:07	17.5	45:09	2	0:47	1.8