



Int Ski-O Meeting 2017 Long  
Klingenthal (Mühlleithen) / Sachsen / 22.01.2017

□□□□

Gruhl, Uwe

□□: SG LVB Leipzig

□□□: 1:40:09

□□□□: 9:49 min/km

□□: 10.20 km / 14 □□

□□□□:  
H45

□□□□□: 10(of 32)

□□□□□□: 1:15:31

□□: 24:38

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□□	□□ □□	□□ -	□□ -	□□ %	□□□ □□	□□ -	□□ -	□□ %
1 (42)	14:27	19	5:22	59.1	14:27	19	5:22	59.1
2 (43)	6:42	12	2:18	52.3	21:09	17	7:40	56.9
3 (31)	5:27	12	1:27	36.3	26:36	16	8:27	46.6
4 (32)	8:14	7	1:07	15.7	34:50	14	9:34	37.9
5 (33)	2:28	13	0:49	49.5	37:18	14	10:23	38.6
6 (35)	11:14	12	3:05	37.8	48:32	13	13:28	38.4
7 (40)	17:17	6	3:06	21.9	1:05:49	10	16:34	33.6
8 (39)	3:37	7	0:27	14.2	1:09:26	10	17:01	32.5
9 (36)	2:50	9	0:39	29.8	1:12:16	10	17:40	32.4
10 (37)	10:16	8	2:05	25.5	1:22:32	10	19:45	31.5
11 (38)	6:58	26	4:21	166.2	1:29:30	10	22:25	33.4
12 (47)	5:30	10	1:12	27.9	1:35:00	10	23:33	33.0
13 (48)	3:47	10	0:51	29.0	1:38:47	10	24:24	32.8
14 (49)	0:46	10	0:10	27.8	1:39:33	10	24:28	32.6
□□	0:36	13	0:10	38.5	1:40:09	10	24:38	32.6