



Karostas STIRNU BUKS

Liepaja / 21.10.2017

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Prauliņš, Valdis

□□: Čiekurkalna Road Runners

□□: 6101

□□: 27.60 km

Lusis

□□□□:

VL3

□□□: 3:03:36

□□: 9.02 km/h

□□□□□/□□□: 127 (of 293)

□□□□□/□: 109 (of 201)

□□□□□□: 1:40:25

□□□□□: 28(of 59)

□□□□□□□: 1:43:48

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□□□	□□ km	□□ □□	□□ km/h	□□ -	□□ -	□□ □	□□ □	□□□	□□□	□□□	□□ -	□□ -	□□ □	□□ □
101	-	29:30	-	10	3:45	46	6:15	-	29:30	-	10	3:45	46	6:15
102	-	17:21	-	18	2:45	72	4:33	-	46:51	-	14	6:27	58	10:44
103	-	28:57	-	23	5:38	92	8:35	-	1:15:48	-	17	12:05	66	19:00
104	-	41:01	-	28	9:33	108	15:33	-	1:56:49	-	17	18:07	70	34:32
Sprint Start	-	59:34	-	45	33:48	149	33:48	-	2:56:23	-	28	1:26:54	105	1:26:54
Sprint Finish	-	0:50	-	22	0:23	89	0:26	-	2:57:13	-	28	1:27:17	106	1:27:17
Finish	-	6:23	-	42	2:30	140	2:43	27.60	3:03:36	-	28	1:19:48	109	1:23:11