



Karostas STIRNU BUKS

Liepaja / 21.10.2017

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Prombergs, Haralds

□□□: 1:10:10

□□: CrossFit Rīdzene 2

□□: 10.26 km/h

□□: 3436

□□: 12.70 km

□□□□□/□□□: 115 (of 778)

Zakis

□□□□□/□: 97 (of 400)

□□□□□□: 50:12

□□□□:

□□□□□: 83(of 324)

VZ3

□□□□□□□: 50:12

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□□□

| □□□           | □□<br>km | □□<br>□□ | □□<br>km/h | □□<br>- | □□<br>- | □□<br>□ | □□<br>□ | □□□<br>km | □□□<br>□□ | □□□<br>km/h | □□<br>- | □□<br>- | □□<br>□ | □□<br>□ |
|---------------|----------|----------|------------|---------|---------|---------|---------|-----------|-----------|-------------|---------|---------|---------|---------|
| 102           | -        | 25:25    | -          | 85      | 6:34    | 100     | 6:34    | -         | 25:25     | -           | 85      | 6:34    | 100     | 6:34    |
| Sprint Start  | -        | 39:07    | -          | 89      | 11:50   | 103     | 11:50   | -         | 1:04:32   | -           | 84      | 18:24   | 98      | 18:24   |
| Sprint Finish | -        | 0:55     | -          | 194     | 0:31    | 239     | 0:31    | -         | 1:05:27   | -           | 87      | 18:35   | 102     | 18:35   |
| Finish        | -        | 4:43     | -          | 88      | 1:23    | 103     | 1:23    | 12.70     | 1:10:10   | -           | 83      | 19:58   | 97      | 19:58   |