



Karostas STIRNU BUKS

Liepaja / 21.10.2017

□□□□

Heringa, Jeļena

□□: Skriešanas akadēmija

□□: 6132

□□: 27.60 km

Lusis

□□□□:

SL3

□□□: 3:21:38

□□: 8.03 km/h

□□□□□/□□□: 178 (of 293)

□□□□□/□: 31 (of 92)

□□□□□□: 1:05:08

□□□□□: 8(of 20)

□□□□□□□: 2:25:39

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□□□□

□□□

| □□□ | □□ km | □□ □□ | □□ km/h | □□ - | □□ - | □□ □ | □□ □ | □□□ | □□□ | □□□ | □□ - | □□ - | □□ □ | □□ □ |
|---------------|----------|----------|------------|---------|---------|---------|---------|-------|---------|-----|---------|---------|---------|---------|
| 101 | - | 39:51 | - | 10 | 12:54 | 46 | 12:54 | - | 39:51 | - | 10 | 12:54 | 46 | 12:54 |
| 102 | - | 21:27 | - | 9 | 6:01 | 37 | 6:07 | - | 1:01:18 | - | 10 | 18:55 | 44 | 18:55 |
| 103 | - | 36:31 | - | 12 | 11:59 | 51 | 12:02 | - | 1:37:49 | - | 11 | 30:54 | 44 | 30:54 |
| 104 | - | 45:18 | - | 8 | 13:25 | 33 | 15:43 | - | 2:23:07 | - | 11 | 44:19 | 41 | 45:36 |
| Sprint Start | - | 52:15 | - | 6 | 10:19 | 20 | 14:50 | - | 3:15:22 | - | 8 | 54:38 | 30 | 2:18:02 |
| Sprint Finish | - | 1:04 | - | 8 | 0:30 | 40 | 0:31 | - | 3:16:26 | - | 8 | 55:08 | 31 | 2:17:31 |
| Finish | - | 5:12 | - | 3 | 0:51 | 12 | 1:14 | 27.60 | 3:21:38 | - | 8 | 55:59 | 31 | 2:16:30 |