



Kornetu STIRNU BUKS

Korneti / 01.07.2017

□□□□

Lapiņa, Laura

□□: Siguldas maratona klubs / Isostar

□□: 5408

□□: 25.00 km

Stirnu buks

□□□□:

SB3

□□□: 2:33:30

□□: 9.77 km/h

□□□□□/□□□: 96 (of 413)

□□□□□/□: 12 (of 161)

□□□□□□: 1:56:26

□□□□□: 3(of 52)

□□□□□□□: 2:13:34

□□□□

□□□□

□□□

□□□	□□ km	□□ □□	□□ km/h	□□ -	□□ -	□□ □	□□ □	□□□ km	□□□ □□	□□□ km/h	□□ -	□□ -	□□ □	□□ □
101	-	29:56	-	3	2:08	10	5:45	-	29:56	-	3	2:08	10	5:45
102	-	44:19	-	3	4:16	11	9:09	-	1:14:15	-	3	6:24	11	14:54
103	-	26:21	-	5	4:19	19	7:08	-	1:40:36	-	3	10:43	11	22:02
104	-	23:58	-	4	3:17	15	6:33	-	2:04:34	-	3	14:00	11	28:35
Sprint Start	-	9:55	-	5	1:55	22	2:53	-	2:14:29	-	3	15:55	11	31:28
Sprint Finish	-	2:03	-	6	0:30	22	0:44	-	2:16:32	-	3	16:09	11	32:12
Finish	-	16:58	-	4	3:47	16	4:52	25.00	2:33:30	-	3	19:56	12	37:04