



# 11. Kristall-Marathon

Merkers / 12.02.2017

0000

SCHMIDT, Werner

00: entfällt

00: 539

00: 9.75 km

10 km Lauf

0000:

Senioren M60 (60-64 Jahre)

000: 1:11:46

00: 8.15 km/h

0000: 7:22 min/km

00000/000: 155 (of 166)

00000/0: 90 (of 94)

000000: 36:01

00000: 4(of 4)

0000000: 57:29

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000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	0	0	km	00	min/km	-	-	0	0
00 1	3.25	22:57	7:03	4	5:01	91	11:06	3.25	22:57	7:03	4	5:01	91	11:06
00 2	3.25	24:57	7:40	4	5:50	90	12:48	6.50	47:54	7:22	4	10:51	91	23:39
000 00	3.25	23:52	7:20	4	3:30	87	12:06	9.75	1:11:46	7:21	4	14:17	90	35:45