



11. Kristall-Marathon

Merkers / 12.02.2017

0000

HEINLEIN, Karsten

00: Zeit Egal

00: 233

00: 22.75 km

Halbmarathon

0000:

Senioren M50 (50-54 Jahre)

000: 1:50:51

00: 11.91 km/h

0000: 4:52 min/km

00000/000: 28 (of 149)

00000/0: 26 (of 114)

000000: 1:27:11

00000: 5(of 17)

0000000: 1:38:56

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| 000 | 00 | 00 | 00 | 00 | 00 | 00 | 00 | 000 | 000 | 000 | 00 | 00 | 00 | 00 |
|--------|------|-------|--------|----|------|----|------|-------|---------|--------|----|-------|----|-------|
| | km | 00 | min/km | - | - | 0 | 0 | km | 00 | min/km | - | - | 0 | 0 |
| 00 1 | 3.25 | 16:05 | 4:56 | 9 | 3:31 | 48 | 4:23 | 3.25 | 16:05 | 4:56 | 9 | 3:31 | 48 | 4:23 |
| 00 2 | 3.25 | 15:44 | 4:50 | 6 | 2:07 | 35 | 3:10 | 6.50 | 31:49 | 4:53 | 9 | 5:38 | 43 | 7:33 |
| 00 3 | 3.25 | 15:46 | 4:51 | 5 | 1:51 | 32 | 3:23 | 9.75 | 47:35 | 4:52 | 6 | 7:02 | 35 | 10:56 |
| 00 4 | 3.25 | 15:36 | 4:47 | 5 | 1:30 | 25 | 3:03 | 13.00 | 1:03:11 | 4:51 | 6 | 8:01 | 33 | 13:59 |
| 00 5 | 3.25 | 15:46 | 4:51 | 5 | 1:23 | 26 | 3:04 | 16.25 | 1:18:57 | 4:51 | 6 | 9:13 | 32 | 17:03 |
| 00 6 | 3.25 | 16:14 | 4:59 | 4 | 1:36 | 24 | 3:21 | 19.50 | 1:35:11 | 4:52 | 5 | 10:49 | 29 | 20:23 |
| 000 00 | 3.25 | 15:40 | 4:49 | 4 | 1:08 | 19 | 3:17 | 22.75 | 1:50:51 | 4:52 | 5 | 11:55 | 26 | 23:40 |