



11. Kristall-Marathon

Merkers / 12.02.2017

0000

SZYBAY, Axel

00: meat again

00: 334

00: 22.75 km

Halbmarathon

0000:

Senioren M40 (40-44 Jahre)

000: 2:16:26

00: 9.68 km/h

0000: 6:00 min/km

00000/000: 93 (of 149)

00000/0: 81 (of 114)

000000: 1:27:11

00000: 18(of 24)

0000000: 1:34:42

0000

0000

000

000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	0	0	km	00	min/km	-	-	0	0
00 1	3.25	19:03	5:51	21	6:21	96	7:21	3.25	19:03	5:51	21	6:21	96	7:21
00 2	3.25	18:41	5:44	19	5:15	86	6:07	6.50	37:44	5:48	19	11:36	89	13:28
00 3	3.25	18:29	5:41	15	5:03	73	6:06	9.75	56:13	5:45	17	16:39	83	19:34
00 4	3.25	19:51	6:06	18	6:05	84	7:18	13.00	1:16:04	5:51	18	22:44	85	26:52
00 5	3.25	20:30	6:18	19	6:36	85	7:48	16.25	1:36:34	5:56	18	29:20	87	34:40
00 6	3.25	19:42	6:03	14	5:34	65	6:49	19.50	1:56:16	5:57	18	34:54	84	41:28
000 00	3.25	20:10	6:12	14	6:50	68	7:47	22.75	2:16:26	5:59	18	41:44	81	49:15