



# 11. Kristall-Marathon

Merkers / 12.02.2017

□□□□

**BEHRENS, David**

□□: Sportshop-Triathlon Team

□□: 9

□□: 22.75 km

Halbmarathon

□□□□:

Senioren M40 (40-44 Jahre)

□□□: 2:39:45

□□: 8.54 km/h

□□□□: 7:01 min/km

□□□□□/□□□: 134 (of 149)

□□□□□/□: 106 (of 114)

□□□□□□: 1:27:11

□□□□□: 23(of 24)

□□□□□□□: 1:34:42

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□□□□

□□□

| □□□    | □□<br>km | □□<br>□□ | □□<br>min/km | □□<br>- | □□<br>- | □□<br>□ | □□<br>□ | □□□   | □□□<br>km | □□□<br>□□ | □□□<br>min/km | □□<br>- | □□<br>- | □□<br>□ | □□<br>□ |
|--------|----------|----------|--------------|---------|---------|---------|---------|-------|-----------|-----------|---------------|---------|---------|---------|---------|
| □□ 1   | 3.25     | 19:32    | 6:00         | 23      | 6:50    | 102     | 7:50    | 3.25  | 19:32     | 6:00      | 23            | 6:50    | 102     | 7:50    |         |
| □□ 2   | 3.25     | 22:11    | 6:49         | 24      | 8:45    | 113     | 9:37    | 6.50  | 41:43     | 6:25      | 24            | 15:35   | 109     | 17:27   |         |
| □□ 3   | 3.25     | 25:39    | 7:53         | 24      | 12:13   | 112     | 13:16   | 9.75  | 1:07:22   | 6:54      | 24            | 27:48   | 112     | 30:43   |         |
| □□ 4   | 3.25     | 22:10    | 6:49         | 20      | 8:24    | 102     | 9:37    | 13.00 | 1:29:32   | 6:53      | 24            | 36:12   | 112     | 40:20   |         |
| □□ 5   | 3.25     | 24:26    | 7:31         | 23      | 10:32   | 111     | 11:44   | 16.25 | 1:53:58   | 7:00      | 23            | 46:44   | 111     | 52:04   |         |
| □□ 6   | 3.25     | 22:47    | 7:00         | 20      | 8:39    | 95      | 9:54    | 19.50 | 2:16:45   | 7:00      | 23            | 55:23   | 109     | 1:01:57 |         |
| □□□ □□ | 3.25     | 23:00    | 7:04         | 20      | 9:40    | 95      | 10:37   | 22.75 | 2:39:45   | 7:01      | 23            | 1:05:03 | 106     | 1:12:34 |         |