



11. Kristall-Marathon

Merkers / 12.02.2017

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NATUSCH, Claudia

□□: Devrun

□□: 284

□□: 22.75 km

Halbmarathon

□□□□:

Seniorinnen W35 (35-39 Jahre)

□□□: 2:46:31

□□: 8.20 km/h

□□□□: 7:19 min/km

□□□□□/□□□: 141 (of 149)

□□□□□/□: 31 (of 35)

□□□□□□: 1:49:12

□□□□□: 8(of 9)

□□□□□□□: 1:49:12

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
□□ 1	3.25	21:34	6:38	9	7:07	32	7:07	3.25	21:34	6:38	9	7:07	32	7:07
□□ 2	3.25	24:30	7:32	9	9:42	33	9:42	6.50	46:04	7:05	9	16:49	33	16:49
□□ 3	3.25	23:15	7:09	9	7:58	32	7:58	9.75	1:09:19	7:06	9	24:47	33	24:47
□□ 4	3.25	23:07	7:06	7	7:27	30	7:27	13.00	1:32:26	7:06	9	32:14	32	32:14
□□ 5	3.25	24:09	7:25	8	8:04	31	8:04	16.25	1:56:35	7:10	9	40:18	32	40:18
□□ 6	3.25	24:37	7:34	7	8:24	28	8:47	19.50	2:21:12	7:14	9	48:42	32	48:42
□□□ □□	3.25	25:19	7:47	7	8:37	27	9:22	22.75	2:46:31	7:19	8	57:19	31	57:19