



11. Kristall-Marathon

Merkers / 12.02.2017

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SCHULTHEIS, Christian

□□: DASH Researcheries

□□: 124

□□: 42.25 km

Marathon

□□□□:

Senioren M35 (35-39 Jahre)

□□□: 3:22:05

□□: 12.47 km/h

□□□□: 4:47 min/km

□□□□□/□□□□: 12 (of 110)

□□□□□/□: 12 (of 100)

□□□□□□: 2:42:44

□□□□□: 4(of 16)

□□□□□□□: 2:42:44

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
□□ 1	3.25	14:41	4:31	4	3:28	18	3:28	3.25	14:41	4:31	4	3:28	18	3:28	
□□ 2	3.25	14:50	4:33	2	3:07	14	3:07	6.50	29:31	4:32	2	6:35	16	6:35	
□□ 3	3.25	14:48	4:33	3	2:36	15	2:36	9.75	44:19	4:32	3	9:11	15	9:11	
□□ 4	3.25	14:47	4:32	3	2:15	12	2:15	13.00	59:06	4:32	3	11:26	15	11:26	
□□ 5	3.25	14:54	4:35	3	2:10	14	2:10	16.25	1:14:00	4:33	3	13:36	14	13:36	
□□ 6	3.25	15:00	4:36	3	2:04	12	2:14	19.50	1:29:00	4:33	3	15:40	14	15:40	
□□ 7	3.25	14:55	4:35	3	2:22	10	2:22	22.75	1:43:55	4:34	3	18:02	14	18:02	
□□ 8	3.25	15:01	4:37	3	2:17	9	2:17	26.00	1:58:56	4:34	3	20:19	12	20:19	
□□ 9	3.25	15:30	4:46	4	2:42	9	2:42	29.25	2:14:26	4:35	3	23:01	11	23:01	
□□ 10	3.25	15:54	4:53	4	2:59	10	2:59	32.50	2:30:20	4:37	3	26:00	10	26:00	
□□ 11	3.25	16:39	5:07	4	3:39	14	3:39	35.75	2:46:59	4:40	3	29:39	11	29:39	
□□ 12	3.25	16:59	5:13	4	4:14	14	4:14	39.00	3:03:58	4:43	3	33:53	11	33:53	
□□□ □□	3.25	18:07	5:34	8	5:28	26	5:28	42.25	3:22:05	4:46	4	39:21	12	39:21	