



# 11. Kristall-Marathon

Merkers / 12.02.2017

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**GOEBEL, Sonia Isabel**

□□: Early Bird Crew/Team Erdinger Alkoholfrei

□□: 40

□□: 42.25 km

Marathon

□□□□:

Frauen (20-29 Jahre)

□□□: 3:45:25

□□: 11.18 km/h

□□□□: 5:20 min/km

□□□□□/□□□□: 31 (of 110)

□□□□□/□: 2 (of 10)

□□□□□□: 3:41:35

□□□□□: 1(of 2)

□□□□□□□: 3:45:25

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
□□ 1	3.25	14:57	4:35	1	-	1	-	3.25	14:57	4:35	1	-	1	-	
□□ 2	3.25	15:57	4:54	1	-	1	-	6.50	30:54	4:45	1	-	1	-	
□□ 3	3.25	16:26	5:03	1	-	1	-	9.75	47:20	4:51	1	-	1	-	
□□ 4	3.25	17:05	5:15	1	-	2	0:40	13.00	1:04:25	4:57	1	-	1	-	
□□ 5	3.25	17:21	5:20	1	-	3	0:46	16.25	1:21:46	5:01	1	-	1	-	
□□ 6	3.25	19:33	6:00	1	-	5	2:46	19.50	1:41:19	5:11	1	-	2	1:29	
□□ 7	3.25	17:46	5:28	1	-	2	0:56	22.75	1:59:05	5:14	1	-	2	2:25	
□□ 8	3.25	17:33	5:24	1	-	2	0:33	26.00	2:16:38	5:15	1	-	2	2:58	
□□ 9	3.25	16:58	5:13	1	-	1	-	29.25	2:33:36	5:15	1	-	2	2:41	
□□ 10	3.25	17:56	5:31	1	-	2	0:38	32.50	2:51:32	5:16	1	-	2	3:19	
□□ 11	3.25	18:09	5:35	1	-	2	0:45	35.75	3:09:41	5:18	1	-	2	4:04	
□□ 12	3.25	18:14	5:36	1	-	2	0:02	39.00	3:27:55	5:19	1	-	2	4:06	
□□□ □□	3.25	17:30	5:23	1	-	1	-	42.25	3:45:25	5:20	1	-	2	3:50	