



11. Kristall-Marathon

Merkers / 12.02.2017

□□□□

KLAMMER, Christian

□□: Laufwunder Steyr

□□: 65

□□: 42.25 km

Marathon

□□□□:

Senioren M50 (50-54 Jahre)

□□□: 3:48:13

□□: 11.04 km/h

□□□□: 5:24 min/km

□□□□□/□□□□: 34 (of 110)

□□□□□/□: 32 (of 100)

□□□□□□: 2:42:44

□□□□□: 3(of 12)

□□□□□□□: 3:16:48

□□□□

□□□□

□□□

□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
□□ 1	3.25	16:20	5:01	2	2:28	32	5:07	3.25	16:20	5:01	2	2:28	32	5:07	
□□ 2	3.25	15:25	4:44	2	1:21	22	3:42	6.50	31:45	4:53	2	3:49	26	8:49	
□□ 3	3.25	15:19	4:42	2	0:57	20	3:07	9.75	47:04	4:49	2	4:46	23	11:56	
□□ 4	3.25	16:01	4:55	2	1:41	25	3:29	13.00	1:03:05	4:51	2	6:27	23	15:25	
□□ 5	3.25	16:05	4:56	2	1:25	21	3:21	16.25	1:19:10	4:52	2	7:52	23	18:46	
□□ 6	3.25	16:32	5:05	2	1:19	24	3:46	19.50	1:35:42	4:54	2	9:11	22	22:22	
□□ 7	3.25	16:53	5:11	3	1:25	28	4:20	22.75	1:52:35	4:56	2	10:36	23	26:42	
□□ 8	3.25	17:25	5:21	3	2:12	28	4:41	26.00	2:10:00	5:00	2	12:48	24	31:23	
□□ 9	3.25	18:01	5:32	4	2:04	34	5:13	29.25	2:28:01	5:03	2	14:52	26	36:36	
□□ 10	3.25	18:52	5:48	5	2:40	41	5:57	32.50	2:46:53	5:08	3	17:32	27	42:33	
□□ 11	3.25	19:32	6:00	5	3:17	43	6:32	35.75	3:06:25	5:12	3	20:49	28	49:05	
□□ 12	3.25	21:06	6:29	6	5:14	56	8:21	39.00	3:27:31	5:19	3	26:03	30	57:26	
□□□ □□	3.25	20:42	6:22	6	5:22	56	8:03	42.25	3:48:13	5:24	3	31:25	32	1:05:29	