



11. Kristall-Marathon

Merkers / 12.02.2017

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MÜLLER, Michael

□□: LG DUV

□□: 95

□□: 42.25 km

Marathon

□□□□:

Senioren M35 (35-39 Jahre)

□□□: 3:56:27

□□: 10.66 km/h

□□□□: 5:36 min/km

□□□□□/□□□: 44 (of 110)

□□□□□/□: 42 (of 100)

□□□□□□: 2:42:44

□□□□□: 10(of 16)

□□□□□□□: 2:42:44

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
□□ 1	3.25	17:16	5:18	10	6:03	60	6:03	3.25	17:16	5:18	10	6:03	60	6:03	
□□ 2	3.25	17:46	5:28	12	6:03	71	6:03	6.50	35:02	5:23	12	12:06	70	12:06	
□□ 3	3.25	17:49	5:28	11	5:37	59	5:37	9.75	52:51	5:25	12	17:43	65	17:43	
□□ 4	3.25	18:18	5:37	10	5:46	67	5:46	13.00	1:11:09	5:28	12	23:29	67	23:29	
□□ 5	3.25	17:40	5:26	10	4:56	47	4:56	16.25	1:28:49	5:27	12	28:25	64	28:25	
□□ 6	3.25	17:35	5:24	9	4:39	42	4:49	19.50	1:46:24	5:27	12	33:04	61	33:04	
□□ 7	3.25	18:25	5:40	9	5:52	55	5:52	22.75	2:04:49	5:29	10	38:56	58	38:56	
□□ 8	3.25	17:44	5:27	8	5:00	34	5:00	26.00	2:22:33	5:28	10	43:56	55	43:56	
□□ 9	3.25	18:13	5:36	9	5:25	36	5:25	29.25	2:40:46	5:29	9	49:21	49	49:21	
□□ 10	3.25	18:54	5:48	9	5:59	42	5:59	32.50	2:59:40	5:31	9	55:20	49	55:20	
□□ 11	3.25	18:48	5:47	8	5:48	30	5:48	35.75	3:18:28	5:33	9	1:01:08	47	1:01:08	
□□ 12	3.25	19:38	6:02	10	6:53	38	6:53	39.00	3:38:06	5:35	10	1:08:01	46	1:08:01	
□□□ □□	3.25	18:21	5:38	9	5:42	29	5:42	42.25	3:56:27	5:35	10	1:13:43	42	1:13:43	