



11. Kristall-Marathon

Merkers / 12.02.2017

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MATTHA, Andreas

□□: SV 1960 Metzels

□□: 82

□□: 42.25 km

Marathon

□□□□:

Senioren M45 (45-49 Jahre)

□□□: 3:58:01

□□: 10.59 km/h

□□□□: 5:38 min/km

□□□□□/□□□: 50 (of 110)

□□□□□/□: 48 (of 100)

□□□□□□: 2:42:44

□□□□□: 13(of 26)

□□□□□□□: 3:07:53

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
□□ 1	3.25	17:31	5:23	19	4:27	68	6:18	3.25	17:31	5:23	19	4:27	68	6:18	
□□ 2	3.25	17:21	5:20	16	3:47	62	5:38	6.50	34:52	5:21	17	8:14	64	11:56	
□□ 3	3.25	17:42	5:26	18	3:52	55	5:30	9.75	52:34	5:23	18	12:06	63	17:26	
□□ 4	3.25	18:38	5:44	21	4:31	73	6:06	13.00	1:11:12	5:28	18	16:37	69	23:32	
□□ 5	3.25	18:02	5:32	18	4:00	64	5:18	16.25	1:29:14	5:29	18	20:37	66	28:50	
□□ 6	3.25	17:53	5:30	13	3:47	50	5:07	19.50	1:47:07	5:29	18	24:24	64	33:47	
□□ 7	3.25	18:19	5:38	14	4:05	53	5:46	22.75	2:05:26	5:30	17	28:29	60	39:33	
□□ 8	3.25	18:55	5:49	17	4:28	60	6:11	26.00	2:24:21	5:33	17	32:57	61	45:44	
□□ 9	3.25	19:04	5:51	15	4:36	49	6:16	29.25	2:43:25	5:35	15	37:33	59	52:00	
□□ 10	3.25	19:10	5:53	14	4:11	46	6:15	32.50	3:02:35	5:37	15	41:44	57	58:15	
□□ 11	3.25	19:07	5:52	9	4:06	35	6:07	35.75	3:21:42	5:38	15	45:50	56	1:04:22	
□□ 12	3.25	18:36	5:43	5	2:44	25	5:51	39.00	3:40:18	5:38	14	48:34	51	1:10:13	
□□□ □□	3.25	17:43	5:27	2	1:34	22	5:04	42.25	3:58:01	5:38	13	50:08	48	1:15:17	