



11. Kristall-Marathon

Merkers / 12.02.2017

0000

MÜLLER, Frank

00: Alpecrosser

00: 94

00: 42.25 km

Marathon

0000:

Senioren M35 (35-39 Jahre)

000: 4:10:39

00: 10.05 km/h

0000: 5:56 min/km

00000/0000: 67 (of 110)

00000/0: 62 (of 100)

000000: 2:42:44

00000: 13(of 16)

0000000: 2:42:44

0000

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000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	0	0	km	00	min/km	-	-	0	0
00 1	3.25	18:42	5:45	14	7:29	85	7:29	3.25	18:42	5:45	14	7:29	85	7:29
00 2	3.25	18:52	5:48	15	7:09	88	7:09	6.50	37:34	5:46	15	14:38	86	14:38
00 3	3.25	19:13	5:54	15	7:01	86	7:01	9.75	56:47	5:49	15	21:39	88	21:39
00 4	3.25	21:03	6:28	15	8:31	96	8:31	13.00	1:17:50	5:59	15	30:10	90	30:10
00 5	3.25	18:47	5:46	15	6:03	75	6:03	16.25	1:36:37	5:56	15	36:13	89	36:13
00 6	3.25	19:04	5:51	14	6:08	74	6:18	19.50	1:55:41	5:55	15	42:21	85	42:21
00 7	3.25	18:42	5:45	13	6:09	63	6:09	22.75	2:14:23	5:54	15	48:30	80	48:30
00 8	3.25	18:29	5:41	11	5:45	51	5:45	26.00	2:32:52	5:52	15	54:15	77	54:15
00 9	3.25	18:29	5:41	11	5:41	40	5:41	29.25	2:51:21	5:51	15	59:56	74	59:56
00 10	3.25	19:33	6:00	11	6:38	49	6:38	32.50	3:10:54	5:52	14	1:06:34	72	1:06:34
00 11	3.25	19:13	5:54	9	6:13	39	6:13	35.75	3:30:07	5:52	13	1:12:47	69	1:12:47
00 12	3.25	20:35	6:19	11	7:50	50	7:50	39.00	3:50:42	5:54	13	1:20:37	65	1:20:37
000 00	3.25	19:57	6:08	11	7:18	49	7:18	42.25	4:10:39	5:55	13	1:27:55	62	1:27:55