



11. Kristall-Marathon

Merkers / 12.02.2017

0000

SCHRÖDER, Tom

00: Team Erdinger Alkoholfrei

00: 123

00: 42.25 km

Marathon

0000:

Senioren M45 (45-49 Jahre)

000: 4:15:15

00: 9.87 km/h

0000: 6:02 min/km

00000/000: 71 (of 110)

00000/0: 66 (of 100)

000000: 2:42:44

00000: 21(of 26)

0000000: 3:07:53

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000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	0	0	km	00	min/km	-	-	0	0
00 1	3.25	17:10	5:16	16	4:06	57	5:57	3.25	17:10	5:16	16	4:06	57	5:57
00 2	3.25	17:20	5:19	15	3:46	61	5:37	6.50	34:30	5:18	16	7:52	60	11:34
00 3	3.25	17:32	5:23	16	3:42	53	5:20	9.75	52:02	5:20	16	11:34	57	16:54
00 4	3.25	17:40	5:26	15	3:33	52	5:08	13.00	1:09:42	5:21	16	15:07	55	22:02
00 5	3.25	17:53	5:30	15	3:51	55	5:09	16.25	1:27:35	5:23	16	18:58	55	27:11
00 6	3.25	18:17	5:37	16	4:11	62	5:31	19.50	1:45:52	5:25	16	23:09	53	32:32
00 7	3.25	18:44	5:45	17	4:30	64	6:11	22.75	2:04:36	5:28	15	27:39	56	38:43
00 8	3.25	19:14	5:55	19	4:47	64	6:30	26.00	2:23:50	5:31	15	32:26	58	45:13
00 9	3.25	19:51	6:06	18	5:23	60	7:03	29.25	2:43:41	5:35	16	37:49	60	52:16
00 10	3.25	20:54	6:25	21	5:55	66	7:59	32.50	3:04:35	5:40	18	43:44	63	1:00:15
00 11	3.25	22:18	6:51	21	7:17	67	9:18	35.75	3:26:53	5:47	20	51:01	64	1:09:33
00 12	3.25	24:37	7:34	22	8:45	81	11:52	39.00	3:51:30	5:56	21	59:46	67	1:21:25
000 00	3.25	23:45	7:18	22	7:36	76	11:06	42.25	4:15:15	6:02	21	1:07:22	66	1:32:31