



11. Kristall-Marathon

Merkers / 12.02.2017

□□□□

GEBERT, Jan

□□: Kings of Talent

□□: 38

□□: 42.25 km

Marathon

□□□□:

Senioren M40 (40-44 Jahre)

□□□: 4:21:29

□□: 9.64 km/h

□□□□: 6:11 min/km

□□□□□/□□□: 76 (of 110)

□□□□□/□: 71 (of 100)

□□□□□□: 2:42:44

□□□□□: 13(of 19)

□□□□□□□: 3:09:18

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
□□ 1	3.25	16:55	5:12	8	4:17	47	5:42	3.25	16:55	5:12	8	4:17	47	5:42	
□□ 2	3.25	17:55	5:30	14	4:25	73	6:12	6.50	34:50	5:21	14	8:42	63	11:54	
□□ 3	3.25	17:44	5:27	10	4:16	56	5:32	9.75	52:34	5:23	13	12:58	63	17:26	
□□ 4	3.25	18:03	5:33	13	4:29	61	5:31	13.00	1:10:37	5:25	11	17:27	60	22:57	
□□ 5	3.25	17:56	5:31	11	3:56	57	5:12	16.25	1:28:33	5:26	11	21:23	61	28:09	
□□ 6	3.25	18:45	5:46	13	4:16	72	5:59	19.50	1:47:18	5:30	12	25:10	65	33:58	
□□ 7	3.25	19:26	5:58	12	5:09	71	6:53	22.75	2:06:44	5:34	12	30:19	65	40:51	
□□ 8	3.25	20:00	6:09	13	5:15	72	7:16	26.00	2:26:44	5:38	12	35:24	67	48:07	
□□ 9	3.25	21:13	6:31	12	6:24	73	8:25	29.25	2:47:57	5:44	13	40:24	70	56:32	
□□ 10	3.25	22:13	6:50	14	7:08	77	9:18	32.50	3:10:10	5:51	13	46:36	70	1:05:50	
□□ 11	3.25	24:11	7:26	15	9:05	84	11:11	35.75	3:34:21	5:59	13	55:24	72	1:17:01	
□□ 12	3.25	24:42	7:35	15	9:25	82	11:57	39.00	3:59:03	6:07	13	1:04:38	73	1:28:58	
□□□ □□	3.25	22:26	6:54	10	8:17	64	9:47	42.25	4:21:29	6:11	13	1:12:11	71	1:38:45	