



11. Kristall-Marathon

Merkers / 12.02.2017

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PORSTNER, Thomas

□□: Bad Düben

□□: 105

□□: 42.25 km

Marathon

□□□□:

Senioren M50 (50-54 Jahre)

□□□: 4:28:41

□□: 9.38 km/h

□□□□: 6:22 min/km

□□□□□/□□□□: 84 (of 110)

□□□□□/□: 78 (of 100)

□□□□□□: 2:42:44

□□□□□: 7(of 12)

□□□□□□□: 3:16:48

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
□□ 1	3.25	19:45	6:04	10	5:53	93	8:32	3.25	19:45	6:04	10	5:53	93	8:32	
□□ 2	3.25	19:20	5:56	10	5:16	90	7:37	6.50	39:05	6:00	10	11:09	91	16:09	
□□ 3	3.25	19:29	5:59	9	5:07	90	7:17	9.75	58:34	6:00	10	16:16	91	23:26	
□□ 4	3.25	19:59	6:08	10	5:39	90	7:27	13.00	1:18:33	6:02	10	21:55	91	30:53	
□□ 5	3.25	20:09	6:11	10	5:29	89	7:25	16.25	1:38:42	6:04	10	27:24	91	38:18	
□□ 6	3.25	20:13	6:13	10	5:00	84	7:27	19.50	1:58:55	6:05	10	32:24	90	45:35	
□□ 7	3.25	20:29	6:18	9	5:01	80	7:56	22.75	2:19:24	6:07	10	37:25	89	53:31	
□□ 8	3.25	20:28	6:17	8	5:15	75	7:44	26.00	2:39:52	6:08	9	42:40	87	1:01:15	
□□ 9	3.25	20:47	6:23	6	4:50	70	7:59	29.25	3:00:39	6:10	9	47:30	83	1:09:14	
□□ 10	3.25	21:19	6:33	8	5:07	67	8:24	32.50	3:21:58	6:12	9	52:37	81	1:17:38	
□□ 11	3.25	22:18	6:51	7	6:03	67	9:18	35.75	3:44:16	6:16	8	58:40	79	1:26:56	
□□ 12	3.25	22:52	7:02	7	7:00	66	10:07	39.00	4:07:08	6:20	8	1:05:40	79	1:37:03	
□□□ □□	3.25	21:33	6:37	7	6:13	59	8:54	42.25	4:28:41	6:21	7	1:11:53	78	1:45:57	