



11. Kristall-Marathon

Merkers / 12.02.2017

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WEIGERT, Matthias

□□: GMRV

□□: 143

□□: 42.25 km

Marathon

□□□□:

Senioren M55 (55-59 Jahre)

□□□: 4:36:46

□□: 9.11 km/h

□□□□: 6:33 min/km

□□□□□/□□□□: 88 (of 110)

□□□□□/□: 82 (of 100)

□□□□□□: 2:42:44

□□□□□: 8(of 11)

□□□□□□□: 3:39:49

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
□□ 1	3.25	18:46	5:46	8	2:53	86	7:33	3.25	18:46	5:46	8	2:53	86	7:33	
□□ 2	3.25	19:23	5:57	10	3:47	91	7:40	6.50	38:09	5:52	10	6:40	90	15:13	
□□ 3	3.25	19:27	5:59	10	3:35	89	7:15	9.75	57:36	5:54	10	10:15	89	22:28	
□□ 4	3.25	19:56	6:08	11	3:58	89	7:24	13.00	1:17:32	5:57	10	14:13	89	29:52	
□□ 5	3.25	20:20	6:15	11	4:04	92	7:36	16.25	1:37:52	6:01	10	18:17	90	37:28	
□□ 6	3.25	20:29	6:18	9	3:59	90	7:43	19.50	1:58:21	6:04	10	22:16	89	45:01	
□□ 7	3.25	21:36	6:38	9	5:11	91	9:03	22.75	2:19:57	6:09	11	27:27	91	54:04	
□□ 8	3.25	21:35	6:38	9	4:41	85	8:51	26.00	2:41:32	6:12	11	32:08	91	1:02:55	
□□ 9	3.25	22:12	6:49	8	5:16	81	9:24	29.25	3:03:44	6:16	11	36:58	90	1:12:19	
□□ 10	3.25	23:00	7:04	8	6:22	82	10:05	32.50	3:26:44	6:21	10	42:03	89	1:22:24	
□□ 11	3.25	23:16	7:09	7	6:16	77	10:16	35.75	3:50:00	6:26	8	46:07	86	1:32:40	
□□ 12	3.25	23:32	7:14	8	6:12	70	10:47	39.00	4:13:32	6:30	8	49:33	85	1:43:27	
□□□ □□	3.25	23:14	7:08	8	7:24	72	10:35	42.25	4:36:46	6:33	8	56:57	82	1:54:02	